

**EFEKTIFITAS POSISI PERSALINAN *Mc.ROBERT* DAN POSISI  
*LITHOTOMI* PADA PROSES PERSALINAN KALA II PADA *PRIMIPARA*  
DI RSU BANYUMAS TAHUN 2009**

Oleh:

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**ABSTRACT**

There is several delivery position that can be applied in second phase of delivery such as *lithotomy*, *dorsal recumbent*, lateral position and squat position. Those position delivery solely purpose for mother's comfort and shortening of the delivery phase. *Lithotomy* position is still a preferred position in the delivery process. However in shoulder distosion the *Mc.Robert* position is believed to shorten the 2nd phase of delivery.To know the efectiving of *Mc.Robert* position and *lithotomy* position in second phase of delivery for *primipara* in RSU Banyumas in 2009.This research's using quasi experimental design by comparing the time duration for second delivery phase for efektifivty. The population of the study was all *primipara* in second delivery phase in RSU Banyumas maternal ward. Sample sich 60 people divided in to 2 groups, 30 mother's using *lithotomy* and the other 30 using *Mc.Robert's* position. The everage of 2nd phase time in *lithotomy* was 44,9 minute and *Mc.Robert's* position average time was 33,3 minute. There was significant difference for 2nd delivery phase time using *lithotomy* compare to *Mc.Robert's* position (*Mc.Robert's* 33,33±SD 8,74 minute, *lithotomy* 44,9±SD 9,96 minute's). Shortened by 11,57 minutes in this study, *Mc.Robert's* position in second phase more effective than *lithotomy's* positions in second phase of delivery for *primipara* with p = 0,000

**Keyword** : Second delivery phase *Mc.Robert's* position, *Lithotomy's* position, *primipara*.